

## Thursday, June 19, 2014 – morning

**8 am – 8:45 am**

*HCCC: Agassiz/Fremont Foyer*

**Conference Registration, Conference Breakfast**

**8:45 am - 10:15 am**

*HCCC: Agassiz/Fremont*

**Welcome**

Opening Speaker – Dr. Jan Gehler, President, Scottsdale Community College

**10:25 am – 11:25 am Concurrent Sessions**

<i>Drury: O'Leary Room</i>	<b><i>The Power of Positivity: It's Not Just For Pollyannas Anymore</i></b>	Kerry Sanderson	People with positive energy are higher performers - and they raise the performance of those around them. They also get promoted earlier, advance more quickly and lead the most successful projects. Learn actionable strategies to unleash your "positivity capital" - your ability to generate energy and promote success.
<i>Drury: Kendrick Room</i>	<b><i>The Innovative Leader in YOU! Cultivating a Spirit of Creativity and Innovation (for YOU and your team)</i></b>	Kerri Robinson	INNOVATION 1: the introduction of something new 2: a new idea or method. Innovation in the workplace comes in many different forms. We will identify 5 traits of the innovative leader and how to infuse creativity into our teams to inspire action and motivate for improved performance.
<i>Drury: McMillan Room</i>	<b><i>Maintaining Balance and Learning from the Fall</i></b>	Jessica Jones	Are there not enough hours in your day? The week? The semester? Are you stressed out and feel like parts of your life and suffering? Learn ways to evaluate your life balance, identify barriers to change, and how to frame your challenges to affect positive change.

**11:35 am – 12:35 pm Concurrent Sessions**

<i>Drury: O'Leary Room</i>	<b><i>CCC2NAU: How Leadership and Passion Can Make a Difference</i></b>	Karla Phillips	The presenter will share results of a qualitative case study examination of the CCC2NAU program, a successful community college to university transition partnership program. Participants will analyze and discuss these results in terms of their own transition and retention efforts, and how they might improve success rates of their transitioning students.
<i>Drury: Kendrick Room</i>	<b><i>Yoga as Energy Medicine: How you can become more energized, centered and calm throughout your day using these 10 simples techniques</i></b>	Omy Keyes	I will be introducing Hatha Yoga concepts, which will facilitate awareness of the body-mind connection. Experiential and practical, these techniques will be learned and a packet of exercises and <i>Pranayama</i> (breathing) techniques will be distributed. Later, practice in the car, in the office or at home, in order to facilitate a more peaceful day.
<i>Drury: McMillan Room</i>	<b><i>Yes, You Can! Personal Leadership Strategies to Rock Your Career!</i></b>	Joy D'Angelo, Jennifer Rhodes	Poise yourself for professional opportunities in our interactive, skill-building session to rock your career! "Rev up" your personal empowerment gauge with: 1) Poising for career aspirations; 2) Discovering the "career buzz-kill" that may be holding you back; 3) Connecting with your personal mission; and 4) Drawing inspiration from "Take the Lead" event. Leave with an action plan and pep in your step.

**12:45 pm – 2 pm**

*Agassiz/Fremont*

**Networking Luncheon**

An AWHE Executive Board member will be seated at each table for inspiring and purposeful conversations with conference attendees.

**Thursday, June 19, 2014 – afternoon**

**2 pm – 3 pm**

**Concurrent Sessions**

<i>Drury: O'Leary Room</i>	<b><i>LawTalks 101: How to Avoid Lawsuits or Reduce Risks Associated with Them</i></b>	BarbaraKaye Miller	We can become a party to a lawsuit or subjected to legal proceedings from a simple lack of understanding of basic legal concepts. This presentation will train participants to avoid making mistakes that lead to legal liability. Participants will learn how to reduce liability associated with written, verbal, and electronic forms of communication.
<i>Drury: Kendrick Room</i>	<b><i>Utilizing LinkedIn to Network Your Way to Career Success</i></b>	Dayna Mathews	Utilizing LinkedIn to Network Your Way to Career Success will teach you nearly everything you need to know about LinkedIn. You will learn about all of its amazing features, recommendations for creating an outstanding profile, strategies to use when forming connections & building meaningful networking relationships, and helpful resources to guide you along the way!
<i>Drury: McMillan Room</i>	<b><i>The journey of well-being: How to maximize your potential to thrive</i></b>	Michele Hamm	Well-being is essential to everyone! It seems that the nature of our roles – at home and at work – weakens our well-being. We are presented with a multitude of responsibilities which take a toll on our health and energy. This presentation explores the importance of creating a culture of well-being and provides techniques that will maximize your potential to thrive.

**3:10 pm – 4:10 pm**

**Concurrent Sessions**

<i>Drury: O'Leary Room</i>	<b><i>Now What Do I Do? Creating Stable Careers Without Tenure-Eligible Options</i></b>	Pamela Stewart	Presentation and activities emphasizing four areas of focus: Understanding our individual strengths and priorities; Noticing changes in academic structures and cultures; Being proactive and visible in taking advantage of those changes; and Working to accept that adapting our career path is neither a failure nor of "lesser" value.
<i>Drury: Kendrick Room</i>	<b><i>Mini Life Coaching Session</i></b>	Maribeth All	Everyone has a story; this workshop will allow participants to reflect and share their own story. The workshop will give participants the opportunity to define, create and plan the story they have dreamed their life could be (personal and professional). So many of us, especially women, forget about ourselves because we get caught up with taking care of everyone else. Most of us don't plan out our lives it kind of just happens. This will be a special time to assist in the creation or recreation of personal and professional goals.
<i>Drury: McMillan Room</i>	<b><i>How to Utilize College Teaching Strategies to Improve Conference Presentations</i></b>	Lindsey Dippold	We've been there – a conference presentation has an amazing abstract but the presentation is nothing what we expected. Or perhaps we agreed to present at a conference to build our resume, but just can't find an interesting way to present the material. Learn how you can utilize top teaching strategies to help your presentations be more effective, more engaging, and more enjoyable.

**4:30 pm – 6pm**

**Networking Reception sponsored by Office of the President, NAU**

*Native American Cultural Center*

**Dinner on your own – meet new friends to network and relax!**

