



2016 Arizona Women in Higher Education Conference

Thursday – Friday, June 2 – 3, 2016

High Country Conference Center / Northern Arizona University / Flagstaff, AZ

Thursday, June 2

8 AM – 8:30 AM

Conference Registration / Continental Breakfast

HCCC: Agassiz/Fremont Foyer

8:30 AM - 9:30 AM

Welcome and Opening Speaker

HCCC: Agassiz/Fremont

Rita Hartung Cheng, PhD, President, Northern Arizona University
ACE Women's Network Presidential Sponsor

9:45 AM – 10:45 AM

Concurrent Sessions 1

Drury Inn / 1st floor

<p>LEADERSHIP</p> <p>Vicki Bessinger Donna Soseman</p> <p>O'Leary Room</p>	<p>Breaking Through your Comfort Zone Recognizing what's outside your comfort zone to face and overcome your fears.</p> <ul style="list-style-type: none"> Identify different situations that make us uncomfortable Discuss how we stepped out of our comfort zone; includes group discussion Share tips for overcoming fears Identify benefits of breaking through your comfort zone
<p>CAREER PLANNING & PROFESSIONAL GROWTH</p> <p>Laura Gronewold, PhD Shelley McGrath, PhD</p> <p>Kendrick Room</p>	<p>Be Vulnerable and Be Kind: A New Model for Career that Values Flexibility, Collaboration, and Connectedness Learn how we utilize vulnerability and kindness to form better teams, encourage better work cultures, and prioritize professional development and work-life balance. This workshop will use ideas from Brené Brown (Daring Greatly) and intentional kindness (Ben's Bells "Kind Colleagues") as a jumping off point for an analysis of how to build a better workplace now.</p>
<p>WELL BEING</p> <p>Cassie Petit, BA</p> <p>McMillan Room</p>	<p>DiSC Personal Profile We will focus on the diversity of behavior and communication styles we encounter both at work and home. Without improved communication, there is no collaboration or inclusion and the DiSC profile helps to improve our understanding and communication with others. Please complete your <i>free</i> DiSC assessment prior to the conference. Print your DiSC report and bring it to the session. https://www.tonyrobbins.com/ue/</p>
<p>MENTORING</p> <p>Jessica Jones Kelly Chase</p> <p>Sycamore Room</p>	<p>Reformatting the Ballot: Using "Habits of Mind" for Evaluation Are you interested in a new way to interact with student staff and young professionals on their work habits? Using the article "Framework for Success in Postsecondary Writing" you can learn 'habits of mind' which can be used as a tool for reflection, mentoring, and evaluation.</p>

11 AM – 12 NOON

Concurrent Sessions 2

Drury Inn / 1st floor

<p>CAREER PLANNING & PROFESSIONAL GROWTH</p> <p>Julie Lancaster</p> <p>O'Leary Room</p>	<p>Effective Teams that Get Results: Creating a Culture of Cohesiveness & Critical Thinking Effective teams get better results. During this interactive and dynamic workshop, we will</p> <ul style="list-style-type: none"> Be able to effectively ask the 4 most important questions prior to launching student-lead or collegial projects Learn the 5 practices necessary for successful leadership and evaluate their own leadership competencies Take away 3 engaging techniques to develop cohesiveness within existing or new teams
<p>LEADERSHIP</p> <p>Caitlan Hendrickson</p> <p>Kendrick Room</p>	<p>Conflict Management Strategies for Leaders, Collaborators, and Innovators We face opportunities for conflict, misunderstanding, miscommunication, and other interpersonal challenges on a daily basis, and these challenges can have serious impacts on our individual and organizational health. Improve your conflict competency in this engaging workshop where you will gain tools to effectively prevent, address, and resolve conflict and other difficulties.</p>
<p>DIVERSITY & EQUITY</p> <p>Frederick Gooding, PhD</p> <p>McMillan Room</p>	<p>Post-Racial Facial: Analyzing How Women of Color are Made to Look Did you know that there are racial patterns for women of color in mainstream media?! Learn specifically how to identify six patterns and explore the reasons behind their creation and perpetuation. Better engage your colleagues with new terminology and techniques to critically analyze race in daily interactions – so we can break the pattern!</p>
<p>INNOVATION, COLLABORATION, TEACHING & LEARNING</p> <p>Bonnie LeBlanc Kristin Kennedy, MEd</p> <p>Sycamore Room</p>	<p>Information Technology, Let's Collaborate! Information Technology (IT) offices can sometimes speak a different language. In this presentation we will give you a crash course on that language so that you can form partnerships with your IT office at your institution creating a climate of innovation and collaboration. Rebooting shouldn't be your only option.</p>

Thursday, June 2 (continued)

12:15 PM – 1:45 PM
HCCC: Agassiz/Fremont

Luncheon and Guest Speaker
Eileen Klein, President, Arizona Board of Regents

2 PM – 3 PM **Concurrent Sessions 3** **Drury Inn / 1st floor**

<p>WELL BEING</p> <p>Danae Barnes</p> <p>O’Leary Room</p>	<p>Meditation Tools for Imagination and Creativity: Get Unstuck Meditation is a powerful tool for designing the internal environment. In today's knowledge economy, the pace of ideas and information is overwhelming. This knowledge swamp contributes to mental fatigue, leading to imagination stagnation. This experiential workshop gives practical meditation tools for improving creativity, mental ease and clarity.</p>
<p>CAREER PLANNING & PROFESSIONAL GROWTH</p> <p>Obiageli Sneed, MEd Laura Polk</p> <p>Kendrick Room</p>	<p>Finding Joy in Climbing the Ladder of Career Advancement As we seek to advance our careers the journey that lies ahead is not always straightforward. Sometimes the road entails twists and turns. This workshop focuses on strategies in which we can embrace and use to transform our mindset to “Find Joy in Climbing the Ladder of Career Advancement.”</p>
<p>LEADERSHIP</p> <p>Laura Hunter, PhD; Mika Galilee-Belfer, PhD</p> <p>McMillan Room</p>	<p>Imposter Syndrome: Identifying and Overcoming Imposter Moments Imposter Syndrome is common among high achievers and occurs when people are unable to accept successes, instead attributing accomplishments to luck rather than ability. In this interactive workshop, participants will reflect on their own impostor 'moments,' identify how these may be impacting careers, and discuss strategies for overcoming imposter thoughts.</p>
<p>INNOVATION, COLLABORATION, TEACHING & LEARNING</p> <p>Irma Sandercock Yuna Burhman</p> <p>Sycamore Room</p>	<p>Public-Private Partnerships for Developing Online Learning Experiences Students in courses developed as a result of public-private collaborations may have different course outcomes than those of students in for-credit degree programs. Learn how Arizona State University is collaborating with Mayo Medical School to develop non-traditional online learning experiences tailored to the unique needs of their medical students.</p>

3:15 PM – 4:15 PM **Concurrent Sessions 4** **Drury Inn / 1st floor**

<p>CAREER PLANNING & PROFESSIONAL GROWTH</p> <p>Jennifer Rhodes, MA, NCC, GCDF</p> <p>O’Leary Room</p>	<p>From Résumé to Rockin’ LinkedIn Profile: What Does Your Personal Brand Reveal about YOU? What is a personal brand? In today’s competitive job market, it is essential to have a strong command of what sets you apart and to revisit this concept frequently. Workshop participants will explore their own personal branding statements and learn techniques to assure their personal brand is adequately reflected through their résumé and LinkedIn Profile.</p>
<p>WELL BEING</p> <p>Janet Crum, MLS Kathleen Schmand, MLS</p> <p>Kendrick Room</p>	<p>Give Yourself the Slight Edge: Turn Simple Daily Disciplines into Habits that Will Bring You Success in Work and Life This session is based on principles outlined by Jeff Olson's book, <i>The Slight Edge</i> (http://slightedge.org). Applying strategies related to making small choices every day fosters the opportunity for long-term positive change in habits. Attendees will engage in active goal setting and opportunity for ongoing support through an online community.</p>
<p>LEADERSHIP</p> <p>Elaine Rostad</p> <p>McMillan Room</p>	<p>Like'rship vs. Leadership, Why Professional Boundaries Matter Truth: Everyone wants to be liked. Reality: Many women in managerial roles don't know how to be a leader/manager instead of their employees' friend. This session is an honest conversation about how we can maintain professional boundaries and still have the friendship and respect of our staff.</p>
<p>DIVERSITY & EQUITY</p> <p>Sherrie Licón Jenni Cardenas</p> <p>Sycamore Room</p>	<p>Engaging our Diverse Selves in Career and Professional Development Possessing a broad concept of diversity and equity issues can pave the way for personal and professional growth and form building blocks to improve our institutions and student populations. Learn the tools to better connect with those around you and how to encourage staff to express their own personal identities for greater interpersonal engagement and group synergy.</p>

4:30 PM
HCCC: Agassiz/Fremont Foyer

Conference Participants Networking Reception
 Sponsored by President Rita Hartung Cheng, Northern Arizona University

This networking reception is open to all conference participants, providing an opportunity to meet new people or catch up with colleagues and friends. Appetizers and cash bar available.

Dinner on your own – meet new friends to network and relax!

Friday, June 3

8 AM – 8:30 AM
HCCC: Agassiz/Fremont

Conference Updates / Continental Breakfast

8:30 AM – 9:30 AM
HCCC: Agassiz/Fremont

Executive Panel
 Moderator: Jan Gehler, EdD, President, Scottsdale Community College
 Dolores Durán-Cerda, EdD, Acting Provost and Executive Vice Chancellor, Pima Community College
 Erin Grisham, MA, Associate Vice President, Northern Arizona University
 Colleen Smith, PhD, President, Coconino Community College
 Jeanne Swarouth, PhD, President, Northland Pioneer College

9:45 AM – 10:45 AM Concurrent Sessions 5 Drury Inn / 1st floor

<p>CAREER PLANNING & PROFESSIONAL GROWTH</p> <p>Executive Panel Participants</p> <p>O’Leary Room</p>	<p>Executive Panel Encore Continue the conversation with participants from the Executive Panel. An opportunity for meaningful dialogue, Q&A, and learning how to build upon real-world experiences.</p>
<p>LEADERSHIP</p> <p>Jeannie Duncan, PhD</p> <p>Kendrick Room</p>	<p>Solving the Problem of Leaders with an Abrasive Style: Using Emotional Intelligence to Build Civility in Your Organization Organizations often promote brilliant people who get outstanding results as a retention measure, then struggle when their leadership style causes suffering in the workplace. We will explore what abrasive behavior looks like, why some leaders use it, why it continues after initial efforts to address it, and what it takes to solve the problem for good.</p>
<p>DIVERSITY & EQUITY</p> <p>Cheree Meeks</p> <p>McMillan Room</p>	<p>Unapologetic, But Not Angry Research specifically regarding African American women in student affairs is limited. This presentation will highlight the presenter’s research which focused on the experiences of African American mothers working in student affairs. Their experiences related to the intersection of their race and gender identities in the workplace will be drawn upon to brainstorm strategies for inclusion in the workplace.</p>
<p>INNOVATION, COLLABORATION, TEACHING & LEARNING</p> <p>Carmen Rivenburg, PhD</p> <p>Sycamore Room</p>	<p>Understanding Universal Design for Learning Universal Design for Learning is a scientific framework to address instructional barriers. This workshop will explore how to incorporate UDL into the delivery of information. During the workshop, participants will collaborate with their colleagues to share of their professional experiences within higher education on the topic of UDL.</p>

11 AM – 12 NOON Concurrent Sessions 6 Drury Inn / 1st floor

<p>WELL BEING</p> <p>Nicole Bruno Aleta Speier</p> <p>O’Leary Room</p>	<p>Healthy Living in a Busy and Modern World – BEAUTY FROM THE INSIDE OUT! Want a life of Health, Vitality, Confidence and Boundless Energy? Learn simple solutions through a fun and interactive lecture to jumpstart your health. Learn how to grow your own veggies in your backyard or indoors with NO DIRT! Enjoy healthy living by starting with ONE SIMPLE CHANGE today.</p>
<p>LEADERSHIP</p> <p>Melanie Abts, EdD David Hall</p> <p>Kendrick Room</p>	<p>Understanding Personality Styles for Leadership Do you know your personality style? Would understanding personality styles help you become a better leader? This sessions examines strengths and different personality factors, such as introversion and extraversion, to help you understand how you work to be your best and do your best work with your team.</p>
<p>DIVERSITY & EQUITY</p> <p>Michelle Gardner</p> <p>McMillan Room</p>	<p>Words Matter The language we use is powerful. It can contribute to a space where people feel comfortable or excluded. This workshop helps identify what phrases we use, and the importance of switching them to provide an inclusive space. Additionally, we will train on interrupting exclusive language used by others to educate the importance of creating safe, inclusive spaces.</p>
<p>INNOVATION, COLLABORATION, TEACHING & LEARNING</p> <p>Joanne Deck, MBA, SPHR</p> <p>Sycamore Room</p>	<p>What Every Student (and Educator) Needs to Know This session demonstrates how every course activity and assessment enables students to develop the competencies they need to get and keep the job they desire, regardless of course content. Participants will discover ways to help students move beyond doing the minimum and enhance their metacognition and motivation.</p>

12:15 PM
HCCC: Agassiz/Fremont

Luncheon

12:30 PM
HCCC: Agassiz/Fremont

Guest Speaker
Linda M. Thor, EdD
I Voted for Opportunity, Leadership and Balance!

Presentation of the 2016 AWHE Woman of the Year Award